

## **NRHEG Community Resource Guide**

**For additional resources, please contact: Brooke Krohn, LSW - NRHEG School Social Worker  
507.417.2645 or bkrohn@nrheg.k12.mn.us  
Bre Bethke, LSW - NRHEG Elementary Family Services Coordinator  
507.416.2139 or bbethke@nrheg.k12.mn.us**

### **Emergency Services**

**Freeborn County Sheriff** | 411 S Broadway Avenue, Albert Lea | 507.377.5200  
[www.co.freeborn.mn.us/124/Sheriff](http://www.co.freeborn.mn.us/124/Sheriff)

**Waseca County Sheriff** | 122 3rd Avenue NW, Waseca | 507.835.0510  
[www.co.waseca.mn.us/index.aspx?nid=132](http://www.co.waseca.mn.us/index.aspx?nid=132)

**New Richland Police Department** | 203 Broadway Avenue N, New Richland | 507.465.3240

**Steele County Sheriff** | 204 E Pearl Street, Owatonna | 507.444.3800  
[http://www.co.steele.mn.us/divisions/sheriff\\_office](http://www.co.steele.mn.us/divisions/sheriff_office)

### **Hospitals and Clinics**

**Albert Lea Hospital and Clinic** | 404 Fountain, Albert Lea | 507.373.2384  
**Owatonna Hospital** | 2250 NW 26th Street Owatonna | 507.977.2000  
**Owatonna Clinic** | 220 NW 26th Street, Owatonna | 507.451.1120  
**Waseca Hospital and Clinic** | 501 N State Street, Waseca | 507.835.1210  
**New Richland Clinic** | 318 1st St SW, New Richland | 507.465.3216

### **Parenting Support Services**

**Exchange Club for Family Unity** | 1850 Austin Road, Ste 100, Owatonna | 507.455.1190  
Serving families of Dodge, Freeborn, Rice, Steele and Waseca Counties  
<https://www.centerforfamilyunitymn.com/>

### **Human Services**

Health Insurance (Medical Assistance, MN Care, TEFRA) | Child Abuse/Neglect Reporting and Case Management |  
Developmental Disability Services for Children and Adults | Waiver Services | Food Stamps | Emergency Assistance | Cash  
Assistance | Child Support | Chemical Dependency Assessments | Children's Mental Health Case Management

#### **Steele County**

##### **Minnesota Prairie County Alliance**

630 Florence Avenue, Owatonna | 507.431.5600 or toll free: 888.850.9419  
[www.mnprairie.org](http://www.mnprairie.org)

#### **Waseca County**

##### **Minnesota Prairie County Alliance**

299 Johnson Avenue SW Suite 160, Waseca | 507.837.6600 or toll free: 888.850.9419  
[www.mnprairie.org](http://www.mnprairie.org)

#### **Freeborn County Department of Human Services**

203 W Clark Street, Albert Lea | 507.377.5400  
[www.co.freeborn.mn.us/135/Human-Services](http://www.co.freeborn.mn.us/135/Human-Services)

## **Housing Assistance**

### **Steele County**

Owatonna HRA | 540 West Hills Circle, Owatonna | 507.444.4300

[www.ci.owatonna.mn.us/city/housinghra](http://www.ci.owatonna.mn.us/city/housinghra)

### **Waseca County**

South Central Minnesota Multi-County HRA | 422 Belgrade Avenue, Suite 102, North Mankato

507.345.1977 | [www.scommchra.org](http://www.scommchra.org)

### **Freeborn County**

Albert Lea Housing and Redevelopment Authority (HRA) | 800 Fourth Avenue South, Albert Lea 507.377.4375 |

[www.albertleahra.com](http://www.albertleahra.com)

## **Food Shelves and Social Service Agencies**

### **New Richland Area Food Shelf**

101 Broadway Avenue South, New Richland | 507.461.9253

<https://nrafs.webs.com/> or on Facebook

### **Ellendale Community Food Shelf**

Ellendale United Methodist Church | 200 6th Street, Ellendale | 507.688.0518

**Owatonna Market Place (formerlyOwatonna Food Shelf)** | 155 Oakdale Street #A, Owatonna | 507.455.2991 |

<https://www.communitypathwayssc.org/marketplace-owatonna>

**Community Pathways of Steele County** | 155 Oakdale Street, Owatonna | 507.455.2991

Diaper Bank, Let's Smile Dental Service, Senior Meals, Family Health, Emergency Laundry, Boots to Work, Career Wear

<https://www.communitypathwayssc.org/other-services-owatonna>

**Owatonna Salvation Army Family Store and Donation Center** | 1810 South Cedar Avenue, Owatonna |

507.455.2023

<http://www.helpinghandsofstele.com/Salvationarmy.html>

**Unique Finds (formerly Clothesline)** | 155 Oakdale Street, Owatonna | 507.455.2991

<https://www.communitypathwayssc.org/unique-finds-owatonna>

**Albert Lea Food Shelf** Salvation Army Albert Lea | 302 Court Street, Albert Lea | 507.373.8776

[www.salvationarmynorth.org/community/albert-lea](http://www.salvationarmynorth.org/community/albert-lea)

**Albert Lea Salvation Army Family Store and Donation Center** | 416 Bridge Avenue, Albert Lea | 507.377.2504

<https://www.facebook.com/albertleasa/>

**Ecumenical Food Shelf** | 308 Water Street, Albert Lea | 507.373.2035

**Waseca Food Shelf | Waseca Area Neighborhood Service Center**

Waseca Area Neighborhood Service Center | 113 2nd Avenue NW, Waseca | 507.833.4022

<https://m.facebook.com/wansc.org/>

**Grace Food Shelf**

Grace Lutheran Church | 300 East Elm Avenue, Waseca | 507.835.1709 | [www.wasecagrancelutheran.com](http://www.wasecagrancelutheran.com)

## **Victim Services**

**Crisis Resource Center - Steele County** | 125 West Front Street, Owatonna | 507.451.1202  
<http://www.helpinghandsofstele.com/crisisresourcecenter.html> or on Facebook

**CADA of Waseca County** | 105 South State Street, Waseca | 507.835.7928 or toll free: 1.800.477.0466 |  
[www.cadamn.org](http://www.cadamn.org)

**Crime Victim Crisis Center - Freeborn County** | 411 S Broadway Avenue, Albert Lea | 507.377.5460  
[www.co.freeborn.mn.us/192/Crime-Victims-Crisis-Center](http://www.co.freeborn.mn.us/192/Crime-Victims-Crisis-Center)

## **Legal Aid**

Southern Minnesota Regional Legal Services | <http://www.smrls.org>

## **Mental Health Resources**

**National Suicide Prevention Line: 1.800.273.TALK or 1.800.273.8255**

<https://suicidepreventionlifeline.org>

## **South Central Human Relations Center**

610 Florence Avenue, Owatonna | 507.451.2630 or toll free: 1.800.722.0590 | [www.schrc.com](http://www.schrc.com)  
24/7 Crisis Line: 1.844.CRISIS2 or 1.844.274.7472

## **Mental Health Professionals, Inc.**

1880 Austin Road, Suite #2, Owatonna | 507.446.8123 or toll free: 1.866.446.8123  
[www.mentalhealthprofessionalsinc.com](http://www.mentalhealthprofessionalsinc.com)

## **Associates in Psychiatry and Psychology**

125 Landmark Drive NE, Owatonna | 507.455.0992  
[www.appmn.com](http://www.appmn.com)

## **Catholic Charities Owatonna Office**

577 State Avenue, Owatonna | 507.455.2008 | [www.ccwinona.org/programs/clinical-counseling](http://www.ccwinona.org/programs/clinical-counseling)

Albert Lea Office

St. Theodore's Parish Center

308 East Fountain, Albert Lea | 507.377.3664 |

[www.ccsomn.org/family-and-individual-counseling/clinical-counseling/](http://www.ccsomn.org/family-and-individual-counseling/clinical-counseling/)

## **Lutheran Social Services**

St. John's Lutheran Church | 401 3rd Avenue NE, Waseca | 507.625.7660

## **Fernbrook Family Center - Waseca and Owatonna**

115 Landmark Drive, Suite #1, Owatonna | 507.446.0431 | [www.fernbrook.org](http://www.fernbrook.org)

## **Compassionate Counseling Services, LLC**

505 South State St, Suite 4, Waseca | 507.310.1321 | [www.compassionmn.com](http://www.compassionmn.com)

## **Albert Lea Medical Center - Behavioral Health**

404 West Fountain Street, Albert Lea | 507.373.2384 | [www.mayoclinichealthsystem.org](http://www.mayoclinichealthsystem.org)

### **Waseca Medical Center - Behavioral Health**

501 N State Street, Waseca | 507.835.1210 | [www.mayoclinichealthsystem.org](http://www.mayoclinichealthsystem.org)

### **Freeborn County Mental Health Center**

203 W Clark Street, Albert Lea | 507.377.5400 | [www.co.freeborn.mn.us/202/Mental-Health-Center](http://www.co.freeborn.mn.us/202/Mental-Health-Center)

### **Teresa Anderson-Krull and Associates**

216 E Main Street Suite # 4, Albert Lea | 507.377.0107 | [www.takrullcounseling.com](http://www.takrullcounseling.com)

### **Cedar House, Inc.**

907 Sykes Street, Albert Lea | 507.377.8506 | [www.cedarhouseinc.com/cedar-house-in-albert-lea-mn](http://www.cedarhouseinc.com/cedar-house-in-albert-lea-mn)

## **Chemical Dependency Services**

**MN Prairie County Alliance (see contact information above)**

**Freeborn County Department of Human Services (see contact information above)**

### **Fountain Centers**

408 W Fountain Street, Albert Lea | 507.377.6411 or toll free: 1.800.533.1616

134 Southview Street, Owatonna | 507.451.0511

[www.mayoclinichealthsystem.org/locations/albert-lea/fountain-centers](http://www.mayoclinichealthsystem.org/locations/albert-lea/fountain-centers)

### **South Central Human Relations Center**

610 Florence Avenue, Owatonna | 507.451.2630 or toll free: 1.800.722.0590 | [www.schrc.com](http://www.schrc.com)

### **12 Step Resources**

[www.smnrc.org/AANA.pdf](http://www.smnrc.org/AANA.pdf)

[www.recoveryishappening.org/freeborn.pdf](http://www.recoveryishappening.org/freeborn.pdf)

[www.aaminnesota.org/](http://www.aaminnesota.org/)

## **NRHEG Area Churches**

### **New Richland**

Church of All Saints | 307 1st Street SW | 507.465.8217 | [www.stannjan.com](http://www.stannjan.com)

First Congregational UCC | 110 N Ash Avenue | 507.465.3423

LeSueur River Lutheran Church | 16650 250 Avenue | 507.465.8271

St. Peter Evangelical Lutheran | 201 2nd Street NW | 507.465.3723

Trinity Evangelical Lutheran Church | 204 1st Street SW | 507.465.3635 |

[www.trinitynewrichland.org](http://www.trinitynewrichland.org)

Vista Evangelical Covenant Church | 14679 275 Avenue | 507.465.8365

Vista Lutheran Church | 15035 275 Avenue | 507.465.3539

### **Hartland**

Cross of Glory Lutheran Church | 401 Church Street | 507.845.2818

Hartland Lutheran Church | 404 Broadway Street | 507.845.2218

### **Ellendale**

Vibrant Life Assembly of God | 702 3rd Street S | 507.684.3421 | [www.vibrantlifeag.com](http://www.vibrantlifeag.com)

First Lutheran Church | 503 Radel Court | 507.684.2451

Ellendale United Methodist Church | 200 6th Street | 507.684.0518 | [www.ellendaleumc.org](http://www.ellendaleumc.org)

Pontoppidan Lutheran Church | Lemond Township 9651 SW 75th Street | 507.465.8366  
Zion Lutheran Church | 7126 SW 98th Street | 507.835.2090

**Geneva**

Community Lutheran Church | 106 3rd Street SE | 507.256.4288 | [www.commluthchurch.org](http://www.commluthchurch.org)  
Victory Life Assembly of God | 105 2nd Street NE | 507.402.0960 | [www.victorylifeaog.org](http://www.victorylifeaog.org)

[09.20/bk]